

8/19/16 – Colorado Federal Executive Board (CFEB)
ALL EMPLOYEE ANNOUNCEMENTS – PLEASE DISTRIBUTE
<http://www.colorado.feb.gov/>

NAME THE INVENTOR

Courtesy of the US Patent & Trademark Office
<http://www.uspto.gov>

Who was the first and only US President to receive a patent?

* Answer Below

###

OPM

America's PrepareAthon - Day of Action

September 30, 2016 | <https://community.fema.gov/> | A 508-compliant version of this memorandum is posted online for the benefit of visually-impaired readers at:
<https://www.chcoc.gov/content/america%E2%80%99s-prepareathon-%E2%80%93-september-30-2016-%E2%80%93-day-action>

2016 Virtual Human Resources (HR) Training Conference

September 15, 2016 | Cost: \$85.00 per person
For more information, please email | VHRC@opm.gov

###

SOLICITING VOLUNTEER OPPORTUNITIES on MAKE a DIFFERENCE DAY

October 22, 2016 | <http://makeadifferenceday.com/>

On October 22, 2016, millions of volunteers across the nation will unite with a common mission – to improve the lives of others. In its 25th year, Make a Difference Day is the largest national day of community service.

For the second year, the Colorado Federal Executive Board's (CFEB) Workforce Development Council (WDC) is soliciting volunteer opportunities at charitable organizations throughout Colorado on Make a Difference Day. In 2015, 116 feds volunteered at 11 nonprofit organizations in Colorado and we hope to double that effort in 2016!

We are contacting you to see if the nonprofit organizations you work with are planning any projects on Make a Difference Day that will need volunteers. If so, **please send the name of**

the organization and the point of contact name, phone & email to Gay Page | gpage@colorado.feb.gov by August 26, 2016. Once we collect a list of volunteer opportunities, we will publicize the opportunities and have links for employees to register online to volunteer.

###

SHOWCASE YOUR CREATIVE TALENT!

Fifth Annual Federal Employee Art Show

REGISTER ONLINE by September 23, 2016

<http://www.nationalartsprogram.org/state-of-colorado-federal-government/state-of-colorado-federal-governmentco-2016-registration-form>

The National Arts Program® was established in 1982 to identify, showcase, and reward the visual artistic talent in America. With over 80 exhibitions held in 38 states, artists of varying skill levels, from youth to professional produce around 15,000 pieces of visual art each year. Artists compete for cash prizes & the competition is open to federal employees & their immediate family members in Colorado.

CONTACTS

Nancy Mack | 303 236 0652 | nancy.mack@gsa.gov

Pamela Padia | 303 236 1551 | pamela.padia@gsa.gov

###

FEDERAL LONG TERM CARE INSURANCE PROGRAM (FLTCIP)

www.LTCFEDS.com

Per Federal law, OPM must issue a new contract term every 7 years for FLTCIP. John Hancock Life & Health Insurance was awarded the contract effective 5/1/16. There will be significantly higher premiums to maintain the program. Therefore, OPM is holding an Enrollee Decision Period ONLY for FLTCIP enrollees from 7/18 - 9/16 to give them the opportunity to review their current coverage and make decisions that allow them to accept or alleviate the premium increase. Long Term Care Partners (LTCP), LLC, a subsidiary of John Hancock, will continue to administer the program.

###

GSA's DENVER FEDERAL CENTER NEWSLETTER

<https://content.govdelivery.com/accounts/USGSA/bulletins/15ae44c>

###

CFEB RETIREMENT PLANNING CLASSES

<https://colorado.feb.gov/events-training/retirement-classes/>

###

AUGUST

YOUNG GOVERNMENT LEADERS NIGHT AT THE BALL GAME

August 19, 2016 | Social - 5:00 pm, Game - 6:40 pm | Social at Retro Room | 2034 Larimer St, Denver, CO | Game at Coors Field | 20th & Blake, Denver, CO

<http://younggov.org/chapters/denver/denver-events-2/>

###

OSHA TRAINING

August 26, 2016 | 8:15 am - 4:30 pm | Free

RMEC OSHA | 13300 West 6th Ave | Lakewood CO

CONTACT Bruce Sanford | 303 914 6420 | bruce.a.sanford.civ@mail.mil

<https://www.rmecosha.com/course/OSHA%20Numbered%20Courses/469/OSHA%207210%20Pandemic%20Influenza%20Preparedness>

OSHA 7210 - Pandemic Influenza Preparedness - This course covers recognizing hazards and risks associated with a pandemic influenza event and developing strategies to assist a business, community, or family with realistic preparation for a pandemic event.

###

PEACE CORPS OPPORTUNITIES FOR EXPERIENCED AMERICANS

August 29 | 11:30 am – 12:30 pm | Denver Federal Center | Bldg. 25 Lecture Hall | Denver CO

CONTACT Karyn Sweeney | 480 265 6461 | ksweeney@peacecorps.gov

Learn more and register at <https://www.peacecorps.gov/events/peace-corps-opportunities-for-experienced-americans/>

###

BUILDING RESILIENCE THROUGH PUBLIC-PRIVATE PARTNERSHIPS CONFERENCE

August 30-31, 2016 | Hotel Elegante | 2886 S Circle Dr | Colorado Springs CO

REGISTRATION | http://www.mcmspecialevents.com/HotelElegante/PPP/?mc_cid=435abb400e&mc_eid=bfe76c8a29

CONTACT | PPPConference@hq.dhs.gov

Sponsored by US North American Aerospace Defense Command and United States Northern Command, in partnership with the U.S. Department of Homeland Security through the National Protection and Programs Directorate and Private Sector Office, and the Federal Emergency Management Agency Private Sector Division.

###

GRANT WRITING WORKSHOP

August 30-31, 2016 | 9:00 am - 4:00 pm | Martin Luther King Library | 9898 E. Colfax Ave, Aurora, CO | Contact Pauline Zvonkovic | 801 524 6076 | Pauline.zvonkovic@hud.gov

Register online:

<http://www.hud.gov/emarc/index.cfm?fuseaction=emar.registrationNotOpenError&eventid=2852>

Sponsored by HUD, discover how to develop a solid program proposal, research funding opportunities and plan next steps to success. Topics covered:

- ♦ Common Factors in Grant Proposals;
- ♦ Program Evaluation;
- ♦ Tracking Success; and,
- ♦ Using Logic Models

###

SEPTEMBER & BEYOND

LEADERSHIP EFFECTIVENESS EXCHANGE (LEE)

Sept 7, 2016 | Federal Supervisors - 8:30 am - 12:00 pm | Federal Managers - 1:00 - 4:30 pm | USFWS Mountain Prairie Region | 134 Union Blvd, Lakewood, CO | **Free - Registration closes 9/1/2016**

The LEE workshop allows Federal leaders to help each other, as peers, to find new approaches and strategies for meeting difficult leadership challenges. To ensure a peer environment, each LEE is restricted to a specific level of Federal leadership, i.e., Manager or Supervisor. All sessions are confidential and table groups will be composed of an inter-agency mix.

Here are some representative comments from LEE workshop participants:

- ♦ Best use of my time in years in a leadership workshop
- ♦ Truly a powerful experience to change my frame of thinking

- ♦ This process gave me a problem solving perspective that I might not have otherwise obtained
- ♦ I left with new ways of thinking of how to approach the leader challenges I am facing right now
- ♦ Really helped me to realize I was not alone in facing these types of leader challenges
- ♦ I am more relaxed, less stressed and less anxious around the leadership challenge I am facing

Dr. Steve Frieman | 303 317 7386 | steven_frieman@ios.doi.gov | Register at www.fcg.gov/events

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2016 OEF/OIF WOMEN VETERANS RETREAT - COLORADO

September 11-16, 2016

Laura Tyson | laura@centerpointretreats.org

<http://www.centerpointretreats.org/wp-content/uploads/2016-Application-Wmn-Vet-Retreat-PDF.pdf>

###

CONFERENCE ON NATIVE AMERICAN NUTRITION

September 26-27, 2016 | Prior Lake MN

<http://seedsofnativehealth.org/conference/>

###

BLUEPRINT TO EXCELLENCE SUPERVISORY ACADEMY

October 18-20, 2016 | 8:30 am - 4:00 pm | Fort Collins CO

\$290.00 | Online Registration Required | <https://colorado.feb.gov/register/?ee=353>

CONTACT Dave Cawrse | 970 295 5780 | dcawrse@fs.fed.us

Transforming Federal Supervisors into Leaders. The 3-day training fulfills annual supervisory training requirements and addresses core competencies in Strategic Thinking, Flexibility, Resilience, Conflict Management, Developing others, Team Building, Customer Service, & Human Capital Management. This training is presented by the Colorado Federal Executive Board Northern Colorado Council.

###

FEDERAL FORUM ON RESILIENCY AND WELLNESS IN THE WORKPLACE

October 20, 2016 | 8:00 am – Noon

Department of the Interior Training Center | 7401 W Mansfield Dr | Denver CO 80235
Durango/Telluride Conference Room

FREE | Online Registration Required | <https://colorado.feb.gov/register/?ee=355>

AGENDA | <https://colorado.feb.gov/health-fitness/national-prevention-strategy/>

CONTACT Linda Stopp | 303 844 7891 | linda.stopp@hhs.gov

The Region VIII National Prevention Strategy Collaborative and the Colorado Federal Executive Board present the Federal Forum on Resiliency and Wellness in the Workplace to educate and engage staff and leaders in conversation about resiliency and wellness.

Expert speakers will share why workplace wellness is important for Federal workplaces and how it can contribute to well-being, productivity and resilience. Family-friendly policies and practices will be shared.

Participants will be introduced to new techniques and government-wide trends and will receive practical tools that integrate wellness and communication strategies into daily practice at work, and methods for setting goals for healthy eating, fitness, sleep, decreased stress, and building inner-strength.

Federal peers will share best practices about wellness programs and policies implemented in their agencies.

###

OPM WMDC LEADERSHIP PROGRAMS CATALOGUE

<https://colorado.feb.gov/wp-content/uploads/2016/04/2016-OPM-WMDC-Courses.pdf>

###

DENVER COMMUNITY EMERGENCY RESPONSE TRAINING PROGRAMS

Register | <http://www.denvergov.org/oem> | DenverCERT@denvergov.org | 303 725 3084

###

TRAINING @ DOI UNIVERSITY

DOI University (DOIU) offers competency-based training courses and programs designed to increase the skills of all federal employees.

<https://doiu.doi.gov/catalog.html?type=sp&id=lakewood> |
<https://doiu.doi.gov/catalog.html?type=c>

###

DENVER FEDERAL CENTER DAM GOOD SPEAKERS TOASTMASTERS CLUB

Tuesday's | 11:30 am - 12:30 pm | DFC Building 67, Room 610 | Denver CO

CONTACT Jon Damiano | 303 445 2461 | jdamiano@usbr.gov

<http://damgoodspeakers.toastmastersclubs.org>

###

DFC FARMERS MARKET

Thursday's only | June 16 – September 8, 2016 | 11:00 am – 1:00 pm

Denver Federal Center Bicentennial Park

www.facebook.com/denverfederalcenter | www.gsa.gov/dfcfarmersmarket

Lauren Trenc | Lauren.Trenc@gsa.gov

###

VAN & CARPOOL

Vanpools needing riders are listed on the CFEB web site

<https://colorado.feb.gov/resources/van-pools/>

If you would like the CFEB to add your van or carpool to the web site, email the information to

gpage@colorado.feb.gov

###

HEALTH DOES MATTER

Yoga @ DENVER FEDERAL CENTER - WELLNESS CENTER

Denver Federal Center | Bldg. 75 | Kiel Hovland | 303 236 6911 | kiel.hovland@gsa.gov

Tuesday's | 5:00 – 6:00 pm | Yoga for beginners and intermediates

Thursday's | 5:00 – 6:00 pm | Yoga for beginners and intermediates

Sue Doty | Pre-register @ 720-252-7935 | dotys1@yahoo.com

Drop in Cost is \$10 –or- 4-Punch Pass - \$30 (Classes open to all: Feds & Non-Feds; Members & Non-Members)

FEHB VIRTUAL SERVICE

1st Wednesday of every FEHB pay period | 9:00 - 10:00 am

Hosted by Kaiser Permanente | 1 800 632 9700 | kp.org/feds

CONFERENCE LINE | 1 855 851 8843 | Code 570 038 434 #

ONLINE | www.kpfedtalk.org | Code kpfedtalk1 | Follow prompts for audio

Connect with FEDSTRIVE Region 8

Facebook - <https://www.facebook.com/FedStriveR8>
www.FOH.hhs.gov

Mile High Walking Club – Byron G Rogers Building

Every Monday | 12:00 – 12:30 pm | Meet right outside of the Byron Rogers Building
Every Wednesday | 11:30 am – 12:00 pm | Meet right outside of the Byron Rogers Building
Free, open to all federal employees & contractors
Brittany Plaven | 303 844 7333 | Brittany.plaven@foh.hhs.gov

BONFILS DFC BLOOD DRIVE

2nd Thursday of each month | 8:00 am - 1:30 pm
Denver Federal Center | Bldg. 67 | Hungry Horse Room
SCHEDULE AN APPOINTMENT | www.bonfils.org (site code is 2015) | 303 363 2300
Betty Palcsak | 303 236-6905 | bpalcsak@usgs.gov

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LIGHTEN UP!

Try an internship! Internships give you all the experience of a summer job without the hassle of a paycheck. - ***Stephen Colbert***

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PETS OF THE WEEK

Adopt a pet and save a life

Kaily | Lab/Shar-Pei/Staffie Mix | Female | 3 years old
MY FAIRY DAWG MOTHER RESCUE | 720 939 7017 | <http://www.dogrescuecolorado.org/>

Carly (175723) | Pointer Mix | Female | 6 years old
FOOTHILLS ANIMAL SHELTER | 303-278-7575 | info@fas4pets.org
<http://www.FoothillsAnimalShelter.org>

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VOLUNTEER OPPORTUNITIES

GOODWILL'S CAREERS PLUS GROUP MENTORING PROGRAM

Starts 12 September, 2016 | Federal Employee Mentors Needed

Goodwill's Careers Plus Group Mentoring Program is designed to increase youth's self-awareness, job readiness and post-secondary preparation through group formatted mentoring. Mentors meet with a group of 3-4 high school aged youth on a weekly basis in a classroom setting. This program offers mentors and mentees an opportunity to connect on a personal level while sharing career related experiences and guidance.

Please contact Evan Rose | 303 650 7714 | erose@goodwilldenver.org

VOLUNTEERS & FOSTER HOMES NEEDED FOR CAT SHELTER

Angels With Paws | 2540 Youngfield St | Lakewood CO

Please contact shelter manager Sondra Bailey | 303 274 2264 |

<http://www.angelswithpaws.net/volunteering/>

###

SISTERHOOD OF THE TRAVELING PETS

Saturdays (year round) | 9:00 am - 3:00 pm | Colorado Springs/Denver

<https://www.facebook.com/sisterhoodofthetravelingpets>

Sassie Skelton | 719 482 0705

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JOB ANNOUNCEMENTS

<https://www.usajobs.gov/>

US Office of Personnel Management

Human Resources Specialist (Performance Management) GS-0201-9/11

<https://www.usajobs.gov/GetJob/ViewDetails/446527800/>

US Forest Service Rocky Mountain Region

<https://fsoutreach.gdcii.com/Outreach/> | Visit <http://www.fs.usda.gov/main/r2/jobs>

US Forest Service Rocky Mountain Region, Gunnison, CO

Forest Health Protection Service Center Leader | GS-0414-12/13 or GS-0434-12/13

Contact Bob Cain | rjcain@fs.fed.us | 303 275 5463 by August 19

US Courts, Philadelphia, PA

Clerk of Court | JS-0301-15/18

<https://www.usajobs.gov/GetJob/ViewDetails/447305100/>

National Older Worker Career Center (NOWCC) AGE 55+ | Denver, CO

Professional Support to Preparedness Unit

https://www.nowcc.org/r/positions/view.aspx?record_id=3705

U.S. Trade and Development Agency (USTDA), Arlington, VA

Supervisory Financial Management Specialist | GS-0501-15

Merit Promotion | <https://www.usajobs.gov/GetJob/PrintPreview/446799800>

DEU | <https://www.usajobs.gov/GetJob/PrintPreview/446800100>

###

NAME THE INVENTOR ANSWER

Abraham Lincoln (1809-1865), prior to becoming President Lincoln, was an avid boater and traveled on the Ohio and Mississippi rivers where his boat often got stuck on sandbars and needed to be lifted out. In 1849 Lincoln invented a method for Buoying Vessels Over Shoals, making him the first and only US President to receive a patent.

###

CFEB EMAIL ANNOUNCEMENTS

To submit information to be included in the announcements, please email it by Wednesday of each week to jconn@colorado.feb.gov in the following format.

Title

Date | Time

Location | 3333 W 32 Ave | Denver CO (no punctuation)

Cost (if applicable)

Brief Description (very short marketing blurb | a couple of bullet points or sentences)

CONTACT Name | 303 333 5555 | email

Website

Recent CFEB announcements are posted on the CFEB web site

<https://www.colorado.feb.gov/index.php?content=10&page=Announcements>

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Have a safe and wonderful weekend

Gay & Jeff

Gay Page | CFEB Executive Director | gpage@colorado.feb.gov

Jeff Conn | CFEB Outreach Strategist | jconn@colorado.feb.gov

Colorado Federal Executive Board (CFEB)

Denver Federal Center | Bldg. 810 Room 5014 | PO Box 25567 | Lakewood CO 80225-0567

303 202 4588 | <http://colorado.feb.gov/index.php>

Working for the greater good by creating partnerships for intergovernmental communication & collaboration!

Please email jconn@colorado.feb.gov to subscribe or unsubscribe from CFEB email